



RESOURCES FOR BLIND & PARTIALLY SIGHTED

UPDATING

TACID Blind/Independent Living Program provided this information. To upgrade this information please contact Aging and Disability Resource Center at 253-798-4600 or 800-562-0332

These are resources to be checked out by the client, the family member, or a friend, etc...

TACID and Pierce County Aging and Disability Resource Center hold no responsibility.

ANIMAL SERVICES

Guide Horse Foundation
www.minihorse.cc

Guide Dogs for the Blind
1-800-295-4050

Northwest Aide Dog Foundation
1-206-767-6442

Residential Yard Housekeeping Pick-Up Service
Dog dropping removal - Dinah in Olympia
1-360-349-3384

The Seeing Eye Dog
1-973-539-4425

ASSISTIVE TECHNOLOGY

Access Technology
Specializing in Assessing and Training Individuals to use Computers
Al Yardly, B.S., Skills Instructor
9809 No. Lake Drive S.W.
Lakewood, WA 98498
253-984-6239
accesstechnology@earthlink.net

American with Disabilities Act - Technical Assistance
1-800-949-4232
Northwest ADA/IT Center

Community Services for the Blind and Partially Sighted
1-800-458-4888

Department Services for the Blind
Assistive Technology Specialist – Sue Porter
Assistive Technology and Computer Assistance - Kevin Nathan
(i.e. Zoom Tech, Jaws, Magic, Dolphin etc...)
1-800-552-7103

Easter Seals-Devices – Providers – Services to Technology Issues
1-800-214-8731

Internet use – Free Talking Web browser for Windows is available
WeMedia.com – download from www.WeMedia.com

Paying bills via the computer – most banks have this option
It cost around \$5 a month, it is not an automatic deduction, it is a computer
system setup and is great if you have Zoom Tech, etc...

Primer – TV hook up to enlarge print
1-800-854-6554

Talking Computer Project – South of Olympia only
1-360-247-7249

TV Remote Assistance – for the large universal remote control-HY-TEK
1-800-835-7278

Jim Watt – Center force
Has large print keyboards
253-581-9000

Workstation for the Visually Impaired
Inventory of Hardware and Software
Parkland and Spanaway Branch
13718 Pacific Avenue South
Tacoma WA 98444

**CCTV, CCTV REPAIR AND SCREEN ENLARGER, PLUS -
VENDORS**

A.C. TV and Video - Ken Stone
1-206-818-8624

Ai Squared-Manchester Center, VT
1- 802-363-3612

Blinksoft Inc. - Pam Retzloff
1-425-430-8800

Desko Audio & Video-Olympia, WA
1-360-943-1393

Dolphin Computer Access LLC. -San Mateo, CA
1-650-348-7401

Henter-Joyce-St. Petersburg, FL
1-727-803-8000

Innoventions Inc.-Littleton, CO
1-800-854-6554

Sightec
Steven Douglas
1-425-401-5036

Telzor Service
Ann Price
1-503-222-9716

TeleSensory
Aileen Zaken (@times she has used items)
1-877-551-6658

Vision Aid Services
Ralph Sherman
1-800-473-3195

Vision Technology, Inc.-St. Louis, MO
1-800-5607226

Vision Matters
Dennis Foster
1-800-216-1912

Ray Debusse
At times he may have used items for sale
1-800-962-2380
1-206-624-4880

Special note:

Freedom Scientific - 1-800-444-4443
Vera reading edge – around \$1300, will read and speak without a
computer, but you can also purchase software for computers around \$3000
- \$4000 to do the same.

BOOKS – TAPES-VIDEOS

Descriptive Home Videos-Tapes

1-800-333-1203

DVS Home Video

PO Box 55742

Indianapolis, IN 46205

Free Audio Tapes-14 tapes on Instruction and Inspiration for seniors to maintain
their Independence with Vision Loss 1-800-272-4553

Guide Post

1-800-431-2344

Jewish Heritage for the Blind

Large print and Braille

1-718-338-0653 (FAX)

Readers Digest

Large Edition

PO Box 2114

Harlan, IA 51593-2308

12 issues – \$27.96 as of 4 - 2002

Pierce County Library District

For list of large print books available in Pierce County

572-6760 or 1-800-346-0995

Readers Digest Large Edition

PO Box 2114

Harlan, IA 51593-2308

12 issues \$27.96 as of 5-1-2002

Washington Talking Book and Braille Library

1-800-542-0866

They also have Large Print Calendars available

BIBLE OPTIONS

Aurora Ministries
1-941-748-3031 or 1-941-748-2625

Bible on Tape
1-800-937-2591

Braille Bible
1-800-766-9080
Braille Bible Foundation
PO Box 948307
Maitland, Florida 32794-8307

Lutheran Braille Workers
1-909-795-8977

Lutheran Tape Ministries
1-800-937-2591

BRAILLE

Braille Center
Edmonds
1-425-776-4042

Braille Information
1-800-272-4553
They also have calendars and the Braille Mirror Magazine

Braille Repair
Selective Doctor, Inc.
Maryland
1-410-668-1143
or The Brailery
Robert Simon
1-915-565-0179

Hadley School for the Blind etc..(Also teaches how to play chess for beginners
etc.)
1-800-323-4238

NW Braille Services
1-206-384-6494

Dancing Dots will transcribe music into braille

CSBPS has Braille machine rentals

Around \$10 a month

They also sell used ones for around \$300 – call to verify

Learn Braille – they have many courses

One is also available on “Introduction to Low Vision”

Hadley School for the Blind Correspondence course

1-800-323-4238

To Purchase a Perkins Braille Writer

Call Howe Press @ 1-617-924-3490 (Massachusetts)

Or call LS & S @ 1-800-468-4789

Or call Maxi Aids @ 1-800-522-6294

Approximate cost \$650 up to \$850 as of 2-28-2001

Vendor – Human Ware

Braille Note

1-800-722-3393

Vendor – View plus Technologies

Oregon

1-541-754-4002

CATALOG NUMBERS- MAIL ORDER

American Printing House for the Blind Products Catalog

1-800-223-1839

Ann Morris Enterprises, Inc. Catalog

1-800-454-3175

Carolyn's

1-800-648-2266

Guide to Toys (# belongs to American Foundation for the Blind – ask them for the catalog for the toys for the visually impaired or blind)

1-800-232-5463

Independent Living Aids, INC. Products Catalog

1-800-537-2118

Lighthouse Catalog now is called Gold Violin

1-877-648-8465

(Lighthouse Professional Catalog)

1-800-826-4200

Eschenbach
1-800-487-5389 for Professional Catalog

LS&S Products Catalog
1-800-468-4789

Maxi Aids Product Catalogs
1-800-522-6294

Sight Connections Products Catalog – they are with CSBPS
1-800-458-4888 (they also have Braille jewelry)

Speak To Me Catalog
1-800-248-9965

DIABETIC INFORMATION

CAPTEK (a division of Science Products)
1-800-8887400

Choice Medical
1-206-329-1668

Diabetic Association of Pierce County
1-253-272-5134

Diabetes Support Group
Good Samaritan Hospital, Puyallup
1-253-848-6661, Ext. 2805

Express Med
1-800-678-5733

Lighthouse Inc. The
1-800-829-0550

Medi-Ject (needle free insulin injection)
1-800-328-3074

Science Products
1-800-888-7400

Vendors
Bellegrove Pharmacy – Diabetes Club
1-425-455-2123

GROCERY ASSISTANCE

Albertson's
1-888-746-7252

Home Delivered Meals (frozen)
American Red Cross 474-1300 or 474-0400

Schwans
1-888-724-9267
Tacoma 1-253-539-0327
Olympia 1-360-943-7050
Auburn 1-253-735-7346

Lutheran Community Services Home Delivered Meals (frozen)
272-8433

K/R Products
1-360-459-0093
7 meals about \$25
ask for Richard or Anna they may just do Olympia

HOME CARE ASSISTANCE

Catholic Community Services- chore workers volunteer or paid
Pierce County @ 1-800-372-3697
Thurston County @ 1-800-783-8193
King County @ 1-206-322-3637

Care Connections in Thurston County
1-360-586-4491
or try Thurston County Council on Aging - They have sliding scale

Elder Care Companion Services
Sliding scale
1-253-222-2411
Transport, pick up prescriptions etc...
Kathy Himes

Lutheran Community Services-chore workers volunteer or paid or senior companions in Tacoma @ 1-253-272-8433

South Sound Senior Care – Thurston County
1-360-586-1696

INDEPENDENT LIVING PROVIDERS

Edith Bishel Center

Larry Weiss, Administrator
628 N Arthur St
Kennewick, WA 99336-2128
Phone: (509)735-0699
Toll Free 1-800-662-9226
Email: ebcenter@bmi.net
URL: www.bmi.net/ebcenter/
Staff: Sheila Turner, Neva Ireland, Delores Richey
Counties: Benton, Columbia, Franklin, Walla-Walla, Yakima

Miriam A (Mimi) Freshley

1106 Lakeview St.
Bellingham, WA 98226
Phone: (360) 922-0004
E-mail: mimif58@yahoo.com
Counties: Island, San Juan, Whatcom

Angel-Jeremy Rehabilitation Services

Juana Killion – Director
1-360-696-0520
1704 Winchell Avenue
Vancouver, WA 98661
E-mail: angeljeremy@msn.com
Counties: Clark, Cowlitz, Klickitat, Skamania, and Wahkiakum

Community Services for the Blind and Partially Sighted

June Mansfield – Executive Director/CEO/President
1-800-458-4888
9709 Third Ave. NE #100
Seattle, WA 98115
1-206-525-5556 Fax 1-206-525-0422
Staff: Marcia Appleton, Lois Billig, Sharon Laughlin, Robin Loen, Mark Mahnke,
Karen Mehlhorn, Rosa Carbone, Cindy Lauman, Carolyn Leaver, Deann Marsh,
Marianne Thompson, Lan Nguyen
Counties: King, Skagit, and Snohomish

Lilac Blind Foundation

Cheryl Martin – Director
1-800-422-7893 or 1-509-328-9116
1212 N. Howard
Spokane, WA 99201
Fax: (509) 328-8965
E-mail: info@lilacblindfoundation.org

Staff: Kelly Croft, Michelle Hansen, Cheryl Martin, and Molly Huss
Counties: Adams, Asotin, Chelan, Douglas, Ferry, Garfield, Grant, Kittitas,
Lincoln, Okanogan, Pend-Orielle, Spokane, Stevens, Whitman.

Denise Massey Smith – Director

3954 Jones Lane
Bellingham, WA 98225
Email: dmsrehab@aol.com
1-360-671-0190
Counties: Whatcom, Island, SanJuan

Peninsula Rehabilitation Services

Carl Jarvis – Director
2510 Snow Creek Road
Quilcene, WA 98376-9530
FAX: 360-765-5053
E-mail: catcar82@hotmail.com
1-360-765-4239
Counties: Clallam, Jefferson, and Kitsap, Mason
Staff: Cathy Jarvis

Tacoma Area Coalition of Individuals with Disabilities (TACID)

Christopher Ensor – Executive Director (ext. 12)
Email: chrise@tacid.org
1-253-565-9000
FAX: (253) 565-5578
Toll-free: 1-877-538-2243
Email: tacid@tacid.org
6315 South 19th
Tacoma, WA 98466-6217

Laura Beigh – IL Provider

1-253-565-9000 ext. 24
laura@tacid.org
Service Area: Within Pierce County, outside of City of Tacoma

Margie Courier – IL Provider

1-360-493-1372
Service Area: Within Thurston County

Bonnie Jindra - IL Provider Rehabilitation Teacher

949 Market St. Suite #508
Tacoma, WA 98402
Phone: (253) 597-4422
Toll-free: 1-800-552-7103
Fax: (253) 597-4432

E-mail: bonjindra@dsb.wa.gov
Service Area: Within City of Tacoma
Thurston
Marjorie Corier
3226 Wilderness Dr. SE
Olympia, WA 98501
Phone: (360) 493-1372
Email: tcorier@juno.com
Counties: Gray's Harbor, Lewis, Pacific, Thurston

ORGANIZATIONS

American with Disabilities Act - Technical Assistance
1-800-949-4232
Northwest ADA/IT Center

AFB American Foundation for the Blind
1-800-232-5463

American Council for the Blind
1-202-467-5081

Client Assistant Program
1-800-544-2121
Advocacy service info about ADA, DVR, DSB & ILP

Department Services for the Blind
1-800-552-7103
Web Site: www.wa.gov/dsb

Noel Nightingale, Blindness Skills Development Director
3411 S. Alaska St.
Seattle, WA 98118
Phone: (206) 721-6455
Toll-free: 1-800-552-7103
FAX: (206) 721-6403
E-mail: noonightingale@dsb.wa.gov

Kevin Nathan, Statewide Program Coordinator/Chapter 2 Program Manager
3411 S. Alaska St.
Seattle, WA 98118
Phone: (206) 721-6450
Toll-free: 1-800-552-7103
FAX: (206) 721-6403
E-mail: kevnathan@dsb.wa.gov

Eschenbach
For Practitioners in area
www.eschenbach.com

Foundation Fighting Blindness
1-800-683-5555
www.blindness.org

Lions Clubs
www.worldlions.net

Low Vision Task Force Help Line
1-888-331-7007

Northwest Lions Club
1-800- 847- 5786

Tacoma Lions
Richard Kissick
253-752-7246

Macular Degeneration International
6700 N. Oracle Rd., Suite 505
Tucson, AZ 85704
1-800-393-7634

NFBW – National Federation of the Blind OF Washington
Pierce County Local Chapter Contact – Judy Jones. Meets second Saturday of each month @ 12:30 PM @ the Lakewood YMCA @ 9715 Lakewood Drive in Tacoma.

Chris and Judy Jones website: www.nfb.org or sonshinesforever@msn.com
NFB Pierce County Hotline 253-473-4277, Ext. 2
General Informational 474-5328, Ext. 2, or 471-9248
Kitsap County – Ivan Weich 1-360-782-9575
Seattle – Dan Frye 1-206-621-7750
Spokane – Maria Bradford – 1-509-487-1732
Clark County – Don Mitchell 1-306-696-1985

Washington Council of the Blind
1-800-255-1147
East Pierce County Chapter Contact David Wermouth in Puyallup @ 253-435-5247
Meets the 2nd Saturday of each month at the Black Angus on South Hill noon – 2:00 Berle Colley President 360-438-0072 in Olympia
Capital City-Olympia Chapter-Contact Shirley Atwater @ 360-866-4717
Peggy Shoel in Seattle 206-722-8477

Washington Lions Low Vision Task Force
Low Vision Information and Referral Services
1-888-331-7007
E – Mail: lovision@nwi.net
Lakewood First Lions Club
1-253-404-8805

WCB – Washington Council Of The Blind
Donations (cars, trucks etc...)
1-800-255-1147

RECREATION/ENTERTAINMENT

Arts and Visually Impaired Audiences
1-206-528-2085

Department of the Fish and Wildlife
1-360-902-2200
Ask for assistant permits

DVS – Descriptive Video Service
For your TV or VCR set up guide
1-800-333-1203
or your local library for descriptive movies on tape etc...
i.e. the Bernie Mac Show, Boston Public, The Simpson's, ET, Spider Man etc....

SAP receivers
COMPOL, INC
1-800-972-0881
Avocet Instruments, Inc.
1-800-443-0728

DVS Theater – Seattle
1-206-441-3080
1-206-652-8908

Group Travel for Visually Impaired
1-800-909-5966 - Lynn Mullin

Guitar by Ear – Beginner Course
Bill Brown @ 1-912-249-0628

Oral Hull Foundation for the Blind, Inc.
Oregon Camp
1-503-668-6195

Sailing for those with disabilities
Footloose Sailing @ 1-206-382-2680

SKIFORALL Foundation
1-425-462-0978
State Parks and Recreation Commission
1-360-902-8563
Ask about well-maintained and groomed pathways for hiking etc...

Special Olympics
King County 1-425-861-9788
Southwest Region 1-253-983-8960

SENIOR ASSISTANCE

Armstrong
In-home personal care and respite services
Tacoma
Free to DSHS program eligible or private pay
1-866-535-1200
272-2675 - Tacoma

United Way Help line
1-800-572-4357
www.uwpc.org

Free Smoke Alarms in Pierce County
For the elderly and those who qualify - 538-6530

South Sound Outreach Service
593-2111

Guardian Calls
Reminder calls
360-275-9385
free service

Senior Information and Referral
Where to Turn Guide
253-373-2278

Pierce County Info and Assistance
Info on assistance for older adults(i.e. housing, Medicare benefits, transportation
and in-home care).
1-800-562-0332

Tacoma Number
1-253-798-4600
Home and Community Services Long Term Care
1-800-442-5129
Human Services, Aging and Long Term Care
1-800-642-5769
Long Term Care Ombudsman
1-253-798-3789
Insurance info – consumer advocacy
1-800-562-6900 or
SHIBA Helpline
1-800-397-4422 or
United Way
572-HELP(i.e. 4357)

Miscellaneous:

Professional guardian – go to www.courts.wa.gov
They may be able to do bill paying etc??

SUPPORT – SUPPORT GROUPS

Celebrate Seniority - Puyallup
GSH Volunteer program 848-3153

Catholic Community Services- Counseling
Tacoma 1-253-593-2144

Love INC
Sherry Phinisey
253-468-6236
Assist those in need or makes referrals
One has to qualify

Lutheran Community Services- Counseling- Senior Companion Program
Tacoma 1-253-272-8433

Olympia Vision Support Group
Leader/contact-Robert Blackburn
1-360-866-9740
Call to verify time and location, etc...
Meets 3rd Tuesday of each month
(Closed some months in the summer)
Meets @ the Olympia Senior Center On Capital way

Pierce County Aging and Long Term care
Clinical Supervisor – Bev Carder, Counselor

798-2798

Panorama City – Low Vision Support Group
Meets 3rd Tuesday of each month 1: 30 – 2: 30 then coffee
Robert Walker
1-360-438-5973

TACID Volunteer Program 1-253-565-9000, Ext. 21
Volunteer requests for Pierce County

TACID Blind Peer Support Group 1-253-565-9000, Ext. 12
Meets the first Wednesday of each month except not in July or August, at the
TACID Center in Tacoma from 10 to noon

Lutheran Mission For the Blind and Visually Impaired
Beautiful Savior Lutheran Church
2306 Milton Way
Milton, WA
Church 922-6977 or Ray James 927-8061
(Meets every 4th Saturday from Noon– 3 pm)

American Red Cross
1235 South Tacoma Way
474-0400
Ask for friendly companions (ext. 38)
Meals on Wheels 352-8596

TELEPHONE

To communicate with TTY device users and if you do not have the device to do
so call free any time of the day 1-800-222-0300

QWest- free directory Assist
Special Needs Department
1-800-223-3131

AT & T local carrier
589-5162 or 1-888-824-8288

Washington Telephone Assistance Program
253-627-5445, Ext. 106
call to see if you qualify to have a lower phone bill
Lite Project
Vontell Moore

Touch Tone Telephone Services

- ✓ Tell Me 1-800-555-8355 no charge plus they have game Black jack and wake up calls etc...
- ✓ Shout Mail 1-877-969-6245 no charge to some 360 area codes
- ✓ E-Voice 1-800-438-386423 one to be independent to locate and push numbers quickly
- ✓ Audio Point 1-888-382-8346
- ✓ Be Vocal 1-800-428-6225 no charge plus they give directions to anywhere
- ✓ Peggy Shoel with the WCB has info on Tell Me, AOL by phone and Net by phone @ 1-800-255-1147

TRANSPORTATION

Access Amtrak: A Guide to Amtrak Services for Travelers with Disabilities
1-800-872-7245 or 1-877-268-7252

Project ACTION
1-800-659-6428

New Horizons: Information for the Air Traveler with a Disability
www.dot.gov/airconsumer/horizons.htm.

Rehabilitation in Spokane offers Low Vision Driving Assistant training
1-509-473-6079

Dial-A-Lift Intercity Transit
Olympia
1-360-754-9393

Shuttle
Tacoma
1-253-984-8216
581-8100
Para Transit
Pierce County
1-253-584-5226

Medicaid
If you have then you can receive free shuttle service
1-800-925-5438

FISH
Gig Harbor
1-253-851-8800

VISION ASSIST AND INFORMATION

Assistance for vision aids -Try your local Lions Club or Check phone book for Ophthalmologists and/ or Optometrists

Allenmore Optical - Tacoma
253-759-1484

Erick Hartman, O.D.
Optometric Physician
6314 19th Street W., Suite # 1 (Directly across 19th Street W. from TACID)
Tacoma, WA 98466
1-253-566-2020

Ken Henderson, O.D.
Whatcom Vision Clinic
222 James Street, Suite A
Bellingham, WA 98225
1-360-676-4030

Milt Herman, O.D.
Family Vision Care
630 N. Chelan Suite B-1
Wenatchee, WA 98801
1-509-662-3937

John Olson, Low Vision Specialist
Statewide Program Coordinator for Blind/Visually Impaired
1-206-658-6761
Toll Free 1-800-552-7103
E-mail: joholson@dsb.wa.gov
Fax 1-206-764-4098
TDD 1-206-764-4051

Community Services for the Blind and Partially Sighted
1-800-458-4888

Kelly Eye Center – they do free eye evaluations
Call to verify
253-596-5155

Optometric Center of Seattle
1-206-325-1100

Lions Clubs
Seattle 1-206-363-3314

Department Veterans Affairs
Visual Impairment Service Team
Seattle 1-206-764-2758
Tacoma 1-253-582-8440, Ext. 76787
1-800-329-8387

National Eye Care Project
1-800-222-3937

The Washington Academy of Eye Physicians and Surgeons
1-206-441-9762

Washington Optometric Association
Provides referrals to Ophthalmologists and Optometrists
1-800-562-1487

Check with Medicare to see if they will pay for low vision evaluations with your doctor, then Check with your Local Lions Club or the Lions Low Vision Task Force to see if they might assist with purchasing aids.

UPDATING

TACID Blind/Independent Living Program provided this information. To upgrade this information please contact Aging and Disability Resource Center at 253-798-4600 or 800-562-0332

These are resources to be checked out by the client, the family member, or a friend, etc...

TACID and Pierce County Aging and Disability Resource Center hold no responsibility.

Call (253) 798-4600 or 800-562-0332
E-mail – pcseniors@co.pierce.wa.us
www.PierceSeniorInfo.org